

GIVE YOUR CHILD THE GIFT OF DANCE

Julie Ryan
DANCERS

First Steps

Pre School Program

2024 INFORMATION

BENEFITS

Imagination and Fun- By incorporating the use of props, such as maracas, ribbon sticks, scarves and parachutes, students are encouraged to use their imagination whilst dancing. Students will get to read magical stories and develop mime to become many different things and travel to amazing places!!

Rhythm and Musicality-With fun movements like hand claps and marches, Students learn to find a beat and dance to the rhythm of music. They learn about how music makes them feel and understand how we move our body to different tempos.

Coordination and Fitness- Students in our Preschool classes have the opportunity to develop their fine motor skill through the use of finger play songs and their gross motor skills of jumping, skipping, balancing and running. These skills are so important in your child's development of strong core and in preparation for formal learning.

Structure and Discipline-Classes are structured to assist students in becoming familiar with the expectations of formal learning environments. Children will learn vital skills of following directions, taking turns, appropriate emotional resilience and independence.

Literacy and Numeracy- Children in our Preschool program have many opportunities to practice and develop their beginning literacy and numeracy skills in preparation for formal learning. We teach counting, colours, oral language skills and expressive language.

Socializing and Making friends-Most importantly, Our First steps classes are a safe place for our students to meet new friends and for their parents to meet like minded people too. Class interaction allows children the space to develop their communication skills and independence. They have the opportunity to practice positive social interactions with their peers and adults in a supportive environment.

ABOUT THE PROGRAM

Julie Ryan Dancers has a long history of providing a high quality, nurturing Pre school Program for children from 18 months to 5 years of age. We know how important a child's first dance experience is (to you and to them) and pride ourselves on providing an exceptional, tailored program which not only nurtures their cognitive, physical, emotional and social development but focuses on fostering a love of dance through fun, imagination and creativity.

We specialize in these classes known as the FIRST STEPS PRE SCHOOL PROGRAM specifically designed for little ones who just love to dance! We believe that giving children the gift of expression through movement helps broaden vocabulary and communication and teaches persistence and focus while channelling their boundless energy in a productive, but most of all, FUN way.

Parents love and appreciate our experienced teachers, well organised classes and professional studios.

Students in the program are always encouraged to participate and develop their love of dance, music and movement all whilst learning basic technique and good, safe quality training.

Our Program fits well with the Early Years Learning Framework, "Belonging, Being and Becoming", making it the perfect activity choice for you and your child.

All Programs have been developed by our experienced staff with qualifications and years of experience in preschool and primary education. One of the most important elements of our Pre School classes is our team of specialist teaching staff. All are highly trained and experienced as both educators and professional performers, hand-picked to ensure every JRD student is inspired and nurtured along their dance journey.

Our youngest students love learning in a professional dance studio where they can be inspired by older students and assistant teachers who become their role models to look up to.

CLASSES

Julie Ryan Dancers has multiple classes in our FIRST STEPS program for you to choose from throughout the week!! Classes are conducted at both Newborough and Traralgon Studios with After Hours and weekend options available.

Students also have the opportunity to be involved in our end of year concert!

We offer a one class Trial for new students Free of charge.

For a Full timetable and to register for your classes please visit our website and Parent Portal.



Julie Ryan Dancers are very well known for our popular Giggly Wiggles Dance Play classes where our youngest students focus on fun, movements and mime whilst developing musicality and coordination. Students in this class are required to attend with a parent/guardian, what a precious time to spend with your child.

AGE

- 18 months to 3 years (approx.)

CLASS DURATION

- 30 Minutes

COST

- \$13 per week (billed per term)

CLASS PERFORMANCE

- Based on interest- Students have the opportunity of performing a short routine for our annual end of year concert.

SUPPORTED CLASS

- Students attend this class with a parent/guardian. This allows the children to develop confidence and independence while still having the security of their big helper!!

DANCE PLAY

- Students in this class develop their love of dance and movement through engagement with nursery rhymes, action songs and gross motor skill development. A highlight of these classes is our prop time where children use maracas, scarves, balls and ribbons to explore their environment. Our parachute time at the end of class is popular with our tiniest students!!



Julie Ryan Dancers have a long history of running our highly successful Tiny Tots Ballet Classes where our young ballet dancers learn the basic fundamentals of Classical Ballet in a gentle and calm environment.

AGE

- 3-5 years

CLASS DURATION

- 30 Minutes

COST

- \$13 per week (billed per term)

CLASS PERFORMANCE

- Students have the opportunity of performing a short ballet routine for our annual end of year concert.

INDEPENDENT CLASS

- Students attend this class independently. Children in this class will be happy to leave their parent/guardian for a short time. We understand that this is sometimes difficult for young children- staff are happy to work with families in this transition! Classes are open to Parent Viewing at the end of each term.

BALLET

- Classes focus on basic classical ballet technique and mime in preparation for the more formal learning of our Academy classes. The main focus is to develop an enjoyment of dance, whilst gaining confidence, musicality and coordination. These classes help foster basic ballet technique whilst still encouraging a fun, engaging atmosphere.



This well structured Combo class covers Jazz, Tap and Hip Hop and is best suited for children who love to dance to today's music and express themselves! A fast paced class to keep students engaged throughout.

AGE

3-5 years

CLASS DURATION

- 45 Minutes

COST

- \$15 per week (billed per term)

CLASS PERFORMANCE

- Students have the opportunity of performing a short jazz/Hip Hop routine for our annual end of year concert.

INDEPENDENT CLASS

- Students attend this class independently. Children in this class will be happy to leave their parent/guardian for a short time. We understand that this is sometimes difficult for young children- staff are happy to work with families in this transition! Classes are open to Parent Viewing at the end of each term.

JAZZ

- Classes focus on basic jazz technique and mime in preparation for the more formal learning of our Academy classes. During this class students will also begin to develop flexibility and strength.

TAP

- Students will be introduced to the basic foundations of tap technique and build upon fundamentals of rhythm and beat.

HIP HOP

- During this class students will begin to develop a range of age appropriate movements along with style, confidence and attitude!



Following the Acrobatic Arts Syllabus, the main focus of this class is to develop basic skills of strength, flexibility, tumbling and limbering commonly used in Acrobatic dance.

AGE

3-6 years

CLASS DURATION

- 30 Minutes

COST

- \$13 per week (billed per term)

CLASS PERFORMANCE

- Students have the opportunity of performing a short Acrobatics routine for our annual end of year concert.

INDEPENDENT CLASS

- Students attend this class independently. Children in this class will be happy to leave their parent/guardian for a short time. We understand that this is sometimes difficult for young children- staff are happy to work with families in this transition! Classes are open to Parent Viewing at the end of each term.

ACROBATICS

- Students will learn fundamental shapes required for many acrobatics tricks and develop the beginnings of handstands, cartwheels, bridges, forwards and backwards rolls and more whilst gaining confidence, musicality and coordination. These classes help foster safe, appropriate basic acrobatics technique for tiny bodies whilst still encouraging a fun, engaging atmosphere.

CIRCUS

- An added element of fun in this class is the development of circus skills such as juggling, hula-hooping, balancing and tumbling! Children will develop hand eye coordination and body awareness to learn some impressive circus skills!

UNIFORM

julie Ryan Dancers have uniform requirements for all students who are enrolled with us. Our uniform is available at **Sugar Babies Traralgon** or through **Energetiks**.

GIRLS

Florence Leotard with Skirt CL07 LILAC
Classic Dance Tights CT27 SALMON PINK (Ballet) TAN (Jazz/Tap/Hip Hop)
Dance Socks CBS05 SALMON PINK (Ballet) BEIGE (Jazz/Tap/Hip Hop)
Ballet Shoe Canvas Spilt Sole BSC04 PINK
Jazz Boot Slip on Split Sole JSC04 TAN
Debut Tap Shoe Low Heel TSC06 TAN



BOYS

Joshua Tee CC21 WHITE
Vance Dance Shorts CAS25 BLACK
Ballet Shoe Canvas Spilt Sole BSC10 BLACK
Jazz Boot Slip on Split Sole JSC04 BLACK
Tap Shoe Lace up TSC05 BLACK
Dance Socks CBS05 WHITE



TIMETABLE

TRARALGON STUDIO

TUESDAY

4.30PM Giggly Wiggles Dance Play

WEDNESDAY

4.00PM Tiny Tots Ballet

5.00pm Tiny Boppers Jazz/Tap/Hip Hop

5.30pm Tiny Tumblers Acrobatics

THURSDAY

4.30PM Tiny Tots Ballet

5.00PM Tiny Tumblers Acrobatics and Circus

5.30PM Tiny Boppers Jazz/Tap/Hip Hop

SATURDAY

10.00am Giggly Wiggles Dance Play

10.30am Tiny Tots Ballet

WANT TO ENROL?

To enrol into any class in our FIRST STEPS PRESCHOOL PROGRAM students must be at least 18 months of age for Giggly Wiggles Dance Play and 3 years of age for all other classes.

We require students in Tiny Tots Ballet, Tiny Boppers Combo and Tiny Tumblers to be toilet trained or in a pull up.

We cap our FIRST STEPS classes to ensure each student receives the teachers full attention so get in quick and secure your place before classes fill up.

Classes are billed per term- no discounts will be given for illness or missed classes (unless cancelled by JRD)

For further information on our general policies, procedures, code of conduct, child safety policy or COVID-19 policy please visit our website.

To organise your enrolment or your students trial class please either

EMAIL: julieryandancers@outlook.com

CALL: Miss Mel 0414 981 566 Miss Melissa 0409 174 985

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